

<p>1. Household chores</p>	<p>2. Ability to relax</p>	<p>3. Own space and time</p>	<p>4. Interaction</p>
<p>How well does the division of household chores function in our family? Do the agreed chores get carried out?</p>	<p>Do we know how to relax together?</p>	<p>Is there space in our home and the possibility to spend time on one's own?</p>	<p>Is it possible for everyone in our family to present their own opinions?</p>
<p>5. Understanding others</p>	<p>6. Using support measures</p>	<p>7. Receiving help</p>	<p>8. Doing things together</p>
<p>In our family, do we understand each other well? Do we usually know what the other person meant?</p>	<p>How can we use different support measures to help in speech production and understanding?</p>	<p>Do we receive help in our daily lives when needed, for instance from relatives?</p>	<p>Do we do things that we like together?</p>
<p>9. Time management</p>	<p>10. Expressing emotions</p>	<p>11. Moving around outside the home</p>	<p>12. Eating together</p>
<p>Do we use support measures for time management? Is it sufficiently clear for everyone what happens and when?</p>	<p>How do we express emotions in our family? Do we talk about emotions? Do we have ways to use words related to emotions?</p>	<p>How do we cope with moving around outside the home?</p>	<p>Do we eat together, do we enjoy our mealtimes?</p>
<p>13. Eating</p>	<p>14. Regulating emotions</p>	<p>15. Friends</p>	<p>16. Housing</p>
<p>Do we eat varied and healthy meals?</p>	<p>Do we know how to calm ourselves and others down when needed? Are we able to patch up quarrels? Do we know how to apologise?</p>	<p>Do we visit other families? Or do others visit us? Are the visits enjoyable?</p>	<p>Do we have a nice and functioning home where everyone feels good?</p>
<p>17. Conversation</p>	<p>18. Sleep</p>	<p>19. Foresight</p>	<p>20. Support measures for communication with relatives and friends</p>
<p>Do we know what happens to the others during the day? Do we have ways to talk about this?</p>	<p>Do we get a good night's sleep? Do we feel awake during the day?</p>	<p>How does our family prepare for unexpected events?</p>	<p>Do our friends and relatives know how to use support measures for communication when needed?</p>

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21. Family members' hobbies

22. Daily routines

23. School

24. Professional support

Do the family members
have sufficient hobbies of their own?
Do we each know what the others like?

How well do we handle
daily routines in our family?
Do we have consistent bed times
and morning procedures?
Do they function well?

How is school going?
Do the children have someone else in the family
they can turn to for help with homework?

Does our family have the support
of competent and reliable professionals
who provide advice and assistance
in getting support if needed?

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