

<b>SPIRAL-questions for families with language-related difficulties</b>	<b>ICF-code</b>	<b>ICF-classification of health-related domains</b>
1. Household chores How well does the division of household chores function in our family? Do the agreed chores get carried out?	d220 d640 d650	Undertaking multiple tasks Doing housework Caring for household objects
2. Ability to relax Do we know how to relax together?	d240	Handling stress and other psychological demands
3. Own space and time Is there space in our home and the possibility to spend time on one's own?	e310	Immediate family
4. Interaction Is it possible for everyone in our family to present their own opinions?	d3504 d710 d720	Conversing with many people Basic interpersonal interactions Complex interpersonal interactions
5. Understanding others In our family, do we understand each other well? Do we usually know what the other person meant?	d310 d315 b1670	Communicating with - receiving - spoken messages Communicating with - receiving - nonverbal messages Reception of language
6. Using support measures How can we use different support measures to help in speech production and understanding?	d369	Conversation and use of communication devices and techniques, other specified and unspecified
7. Receiving help Do we receive help in our daily lives when needed, for instance from relatives?	e315 e320	Extended family Friends
8. Doing things together Do we do things that we like together?	d920	Recreation and leisure
9. Time management Do we use support measures for time management? Is it sufficiently clear for everyone what happens and when?	b1642 d2203	Time management Undertaking multiple tasks in a group
10. Expressing emotions How do we express emotions in our family? Do we talk about emotions? Do we have ways to use words related to emotions?	b152 d7100 d7202	Emotional functions Respect and warmth in relationships Regulating behaviours within interactions
11. Moving around outside the home How do we cope with moving around outside the home?	d4601 d4602	Moving around within buildings other than home Moving around outside the home and other buildings
12. Eating together Do we eat together, do we enjoy our mealtimes?	d550 d630	Eating Preparing meals
13. Eating Do we eat varied and healthy meals?	d5701	Managing diet and fitness
14. Regulating emotions Do we know how to calm ourselves and others down when needed? Are we able to patch up quarrels? Do we know how to apologise?	b152 d760	Emotional functions Family relationships
15. Friends Do we visit other families? Or do others visit us? Are the visits enjoyable?	d7500	Informal relationships with friends

16. Housing Do we have a nice and functioning home where everyone feels good?	d610 e1651	Purchase of a home Tangible assets
17. Conversation Do we know what happens to the others during the day? Do we have ways to talk about this?	d3503	Conversing with one person
18. Sleep Do we get a good night's sleep? Do we feel awake during the day?	b134	Sleep functions
19. Foresight How does our family prepare for unexpected events?	d163 d5702	Thinking Maintaining one's health
20. Support measures for communication with relatives and friends Do our friends and relatives know how to use support measures for communication when needed?	d3609	Using communication devices and techniques, unspecified
21. Family members' hobbies Do the family members have sufficient hobbies of their own? Do we each know what the others like?	d9204	Hobbies
22. Daily routines How well do we handle daily routines in our family? Do we have consistent bed times and morning procedures? Do they function well?	d230	Carrying out daily routine
23. School How is school going? Do the children have someone else in the family they can turn to for help with homework?	d159 d820	Basic learning, other specified and unspecified School education
24. Professional support Does our family have the support of competent and reliable professionals who provide advice and assistance in getting support if needed?	e575	General social support services, systems and policies
<b>RRESOURCES AND SUPPORT</b>		
Family Friends School (supportive teaching, assistive devices etc.) Health services (doctor, psychologist, therapist etc.)	e310 e320 e5850 e5800	Immediate family Friends Education and training services Health services